

1975 GIRLS MSHSL STATE CHAMPIONSHIP

Richfield High School – June 6 & 7, 1975

Teams: (10, 8, 6, 4, 2, 1)

Moorhead 55	Holdingsford 11	Alexander Ramsey 8	Wheaton 4	Red Wing 2
Owatonna 26	Stewartville 10	SP Highland Park 8	Plainview 4	New Ulm 2
Northfield 23	St. Paul Central 10	Two Harbors 8	Hill-Murray 4	Truman 2
Anoka 20	Glencoe 10	White Bear Lake 8	Rochester J Marshall 4	Centennial 1
Minneapolis West 18	Ortonville 10	Cromwell 6	Benilde-St. Margaret's 4	Greenway 1
Little Falls 18	Henry Sibley 10	Duluth Central 6	Osseo 4	Mankato West 1
Stillwater 16	Rochester Lourdes 10	Edina West 6	Fridley 4	Cloquet 1
Brainerd 16	Chaska 10	North St. Paul 6	St. James 4	Edina East 1
Hopkins Lindbergh 16	White Bear Mariner 9	Duluth Denfeld 6	Brandon 2	
Robbinsdale Cooper 12	Rochester Mayo 8	Minneapolis Washburn 5	Bloomington Jefferson 2	

60 Yard Hurdles

- 1 Jill Junker, Stillwater 8.0
- 2 Mary Grinaker, Moorhead 8.1
- 3 Kathy Borgwarth, Brainerd 8.1
- 4 Pam Kruger, Plainview 8.3
- 5 Beth Sorensen, Bagley 8.4
- 6 Patty Trebnick, Greenway 8.5

100 Yard Dash

- 1 Lynne Vos, Holdingsford 11.1 (11.0 p) **
- 2 Jill Zyvoloski, Little Falls 11.1
- 3 Lisa Bailey, Northfield 11.2
- 4 Brenda Bronson, Mpls Washburn 11.3
- 5 Laura Lepsche, Hill-Murray 11.4
- 6 Terry Nelson, Northfield 11.5

110 Yard Hurdles

- 1 Kathy Borgwarth, Brainerd 14.4 **
- 2 Mary Grinaker, Moorhead 14.6
- 3 Jill Junker, Stillwater 14.6
- 4 Kim Olson, Fridley 14.7
- 5 Nancy Broughton, Red Wing 14.8
- 6 Steph Van Devere, Washburn 15.0

220 Yard Dash

- 1 Jill Zyvoloski, Little Falls 25.5
- 2 Debbie L'Esperance, Two Harbors 25.5
- 3 Joni Meilahn, Owatonna 25.9
- 4 Kris Krickrehn, St. James 26.0
- 5 Barb Klein, Hill-Murray 26.0
- 6 Lynne Vos, Holdingsford 26.1

440 Yard Dash

- 1 Barb MacLeod, Moorhead 57.4 *
- 2 Shelley Borquin, Alex. Ramsey 58.3
- 3 Joni Meilahn, Owatonna 58.5
- 4 Lynn Klappa, Osseo 59.0
- 5 Mary MacLeod, Moorhead 59.4
- 6 Terri Parchem, Cloquet 61.0

880 Yard Run

- 1 Ruth Harris, Henry Sibley 2:12.8 **
- 2 Paula Class, Highland Park 2:14.2
- 3 Kathy Lee, Rochester Lourdes 2:15.6
- 4 Cindy Seikkula, Cooper 2:15.8
- 5 Renee Buck, New Ulm 2:19.5
- 6 Kitty Ho, WB Mariner 2:19.9

One Mile Run

- 1 Marybeth Spencer, Anoka 5:01.7 **
- 2 Eva Krueger, Cooper 5:04.6
- 3 Melisa Fry, North St Paul 5:08.0
- 4 Val Horan, Rochester JM 5:13.0
- 5 Chris Vitse, Rochester Mayo 5:15.8
- 6 Laurie Orness, Mankato West 5:15.9

440 Relay

- 1 Northfield (Lisa Bailey, Pam Dommeyer, Vicky Peterson, Terry Nelson) 49.5 *
- 2 Hopkins Lindbergh 49.6
- 3 Owatonna 50.0
- 4 St. Paul Central 50.4
- 5 Duluth Denfeld 50.6
- 6 Moorhead 51.0

880 Relay

- 1 Anoka (Sue Gibson, Dana Morrisette, Cathy Dehen, Debbie Feriancek) 1:43.1 **
- 2 Hopkins Lindbergh 1:43.8
- 3 St. Paul Central 1:45.3
- 4 Benilde-St-Margaret's 1:45.8
- 5 Moorhead 1:45.8
- 6 Northfield 1:48.3

* ties meet record

** sets meet record

880 Yard Medley Relay

- 1 Moorhead (Pam Wisanen, Cricket Heinze, Dana Watson, Mary MacLeod) 1:49.2 **
- 2 Owatonna 1:50.8
- 3 Rochester Mayo 1:51.9
- 4 Duluth Denfeld 1:52.9
- 5 Ortonville 1:53.5
- 6 Edina East 1:54.0

High Jump

- 1 Stacy Carskaden, Chaska 5-5 *
- 2 Kim Phifer, Glencoe 5-4
- 3 Sharry Phillips, Duluth Central 5-3
- 4 Janine Reski, Moorhead 5-3
- 5 Kari Hennigsgaard, Jefferson 5-2
- 6 Lori Wittnebel, White Bear Lake 5-2

Shot Put

- 1 Jenny Macken, Stewartville 43-1 ½ **
- 2 Carol Finsrud, Mpls West 42-6 ½
- 3 Audrey Randall, Cromwell 40-7 ½
- 4 Deb Wohlenhaus, Wheaton 39-3 ¼
- 5 Martha Ulsager, Brandon 38-9 ½
- 6 Terri Dupre, Centennial 38-5 ½

Discus

- 1 Carol Finsrud, Mpls West 136-8 **
- 2 Lori LaCombe, Ortonville 128-11
- 3 Betty Nagengast, Edina West 118-10
- 4 Chris Fry, Rochester Lourdes 117-3
- 5 Sue Wacker, Glencoe 114-9
- 6 Sue Bloomquist, White Bear Lake 114-2

Long Jump

- 1 Mary Grinaker, Moorhead 17-10 ½ **
- 2 Michele Mitchell, WB Mariner 17-3
- 3 Jane Hawkins, White Bear Lake 17-2 ¼
- 4 Vicky Peterson, Northfield 16-11 ¾
- 5 Jane Atkinson, Truman 16-10
- 6 Lisa Bailey, Northfield 16-8 ½

Notes: Four performances bettered National Marks- Voss in the 100, Borgwarth in the Hurdles, Spencer in the Mile, and Anoka's 880 Relay. Moorhead was coached by Paula Bauck. This was the first year Private schools competed in the MSHSL.